

Blood Panel Work Sheet

Hormone Panel:

- DHEA-S
- Estrogens – E1, E2, E3
- Progesterone
- Pregnenolone
- Sex hormone-binding Globulin (SHBG)
- Free Testosterone
- Fasting cortisol (am)

This is not a prescription for blood work. You must get a written prescription from your physician for any recommendations to be covered by your insurance.

Thyroid Panel:

- T3 uptake
- Reverse T3
- T4
- Free T4, T3
- T7 Free Thyroxin Index
- Thyroid Stimulating Hormone (TSH)
- Thyroid Anti Bodies

Lipid Panel:

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol

CBC with Differential

Vit B12

Vit D25

Glucose Panel

- Fasting Glucose
- Fasting insulin

Metabolic Panel

Cardiac, Inflammation and Immune system

- C Reactive Protein
- Homocysteine

Iron/Ferritin

Notes: _____

